

Village of Orland Park Media Relations Division

NEWSRelease

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FOR IMMEDIATE RELEASE
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FOURTH ANNUAL RIDE 'N TIE RACE *Open Lands of Orland Park To Host Bike/Run Team Race*

ORLAND PARK – Oil your bike wheels and get out your running shoes. Open Lands of Orland Park will sponsor its fourth annual fundraising Ride 'n Tie Race on **Sunday, October 23, 2005**. The race begins at Meadow Ridge School, 159th Street and 108th Avenue, and then travels ten miles on village streets and finishes back at Meadow Ridge School.

The Ride 'n Tie consists of two-person teams, who alternate biking and running over a ten-mile course. One team member starts off running while the other is on the bike. The biker may put down the bike at two miles, and when the runner reaches the bike, they change modes and continue. Each team may decide when to make the switch, but there are two mandatory change points. Both team members and bike must cross the finish line together. Mountain and road bikes are permitted and helmets are mandatory. The field is limited to 150 teams.

Check-in begins at 7 a.m. and the race starts at 8 a.m. Pre-registration is open until Saturday, October 22, 2005. Registration is available at the Loebe Recreation Center, 14650 South Ravinia Avenue, the Village of Orland Park Sportsplex, 11351 West 159th Street, or on-line at www.signmeupsports.com. Packet pick-up will be at Human Race Sports, 15148 South LaGrange Road, on October 20th, 21st and 22nd.

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Ride 'n Tie

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The cost of the race is \$50 per team/pre-registration and \$60 per team the day of the race. All participants will receive a t-shirt. Awards will be given to the top three teams in each age/gender group and to the top overall winners. Refreshments will be available after the race.

The Open Lands of Orland Park Corporation is a not-for-profit entity created to raise funds and purchase open space to augment public open space efforts. Open Lands has been raising money from private sources and through fundraising events like this to enable the Village of Orland Park to purchase vacant parcels of land. In 2000, residents approved the \$20 million Open Lands Referendum. The fund has also received more than \$4 million in grants from the Illinois Department of Natural Resources to purchase vacant parcels. Nearly 300 acres of open space have been purchased, along with 38 acres having been donated. Several more properties are being pursued. Preventing development of certain parcels will allow the area to experience less traffic and less impact on schools and municipal services.

The Ride 'n Tie Race is hosted by Open Lands of Orland Park. Sponsors include Human Race Sports, Athlethex Physical Therapy, McDonough Associates, Inc., D Construction, Chicago Athlete Magazine and Avalon Petroleum Products. For more information or to participate as a sponsor, please call (708) 403-6145.